

## Red Beans and Rice

### Ingredients:

3 cans red kidney beans, drained  
1 lb. smoked sausage or chorizo  
2 cloves garlic  
1 c. green pepper, chopped  
1 tbsp. oil  
Handful chopped parsley  
1 tsp. sugar  
2 sm. ham hocks  
1 can tomatoes  
2 c. onions, chopped  
1 c. celery, chopped  
1/2 tsp. thyme  
Tabasco sauce

### Preparation:

Saute onion, pepper, celery, garlic in oil.  
Add tomatoes and liquid drained from beans.  
Add ham hocks and seasonings.  
Simmer together uncovered for 2 hours.  
Add beans and chorizo and heat through.  
Adjust seasonings to taste and serve over rice.